

4. The Gift of Tongues that Activates Heaven (cont.) 20+ Powerful Benefits of Tongues, Watching in Prayer

Sunday 14th December 2025

Today, we are going to look at a dimension of spiritual authority that God wants us to understand and walk in—if we are not already. God has called His My house ... A house of Prayer for all nations. He has called as 'watchmen' on the walls.

God waking up His might men to stand as kings and priests, to take their spiritual authority in prayer. Joel 3:9-10 Proclaim this among the nations: Prepare for war! Wake up the mighty men, let all the men of war draw near, let them come up. ¹⁰ Beat your plow shares into swords and your pruning hooks into spears; Let the weak say, 'I am strong.'

20+ Powerful Benefits of Speaking in Tongues

1. We received *dunamis* power when the Holy Spirit came upon us.
2. The gift of tongues is the doorway into a supernatural, Spirit-led life.
3. Praying in tongues gives us direct access to God, bypassing our natural mind and understanding.
4. Tongues enables us to worship and magnify God in the Spirit.
5. Tongues releases the anointing, removing burdens and destroying yokes.
6. Tongues brings supernatural rest and refreshing to our soul.
7. Praying in Tongues builds us up on our most holy faith.
8. Tongues strengthens us with might in our inner being.
9. When we pray in tongues, we are speaking divine mysteries.
10. Our hearts are open to receive revelation knowledge from God.
11. Tongues enables us to develop spiritual sensitivity, so we can recognise the leading and guidance of the Holy Spirit.
12. Tongues helps us pray God's plan into manifestation for our future.
13. When we don't know what or how to pray, the Holy Spirit intercedes through us in tongues.
14. Praying in tongues gives our spirit ascendancy over the old nature; habits, mindsets, and addictions.
15. We invite the refining fire of the Spirit, purifying our motives and transforming us from glory to glory.
16. As we pray in tongues it increases the anointing of the Holy Spirit to flow through our lives.
17. Tongues positions us to move in the nine gifts of the Spirit.
18. Tongues is part of our spiritual armour, strengthening us to stand in spiritual warfare.
19. It is a powerful weapon against the enemy, praying God's mysteries ... and frustrating the enemies plans.
20. Tongues also allows the Holy Spirit to arrange protection and deliverance, raising a standard against the enemy.

21. Praying the Word and Praying in Tongues activates the supernatural help of angels

Hebrews 1:14. **all ministering spirits** sent forth to minister for those who will inherit salvation?

Psalms 91:10-12 *No evil shall befall you, nor shall any plague come near your dwelling; ¹¹ for **He shall give His angels charge over you, to keep you in all your ways.** ¹² In their hands they shall bear you up, lest you dash your foot against a stone.*

Psalms 103:20 *Bless the LORD, you His angels, who excel in strength, **who do His word,** heeding the voice of His Word.*

Example: Genesis 18:16-33 – Abram praying for Lot – his nephew...

Example: Acts 12 – An angel of the Lord delivered Peter from prison after constant prayer was made for him.

Example: Daniel 10, reveals how prayer impacts the unseen and seen realms

Daniel 10:1a, 2 *In the third year of Cyrus king of Persia a message was **revealed** to Daniel, ² In those days I, Daniel, was **mourning** three full weeks.*

Daniel 10:10-13 *... a hand touched me, which made me tremble on my knees and on the palms of my hands. ¹¹ And he said to me, "O Daniel, man greatly beloved, understand the words that I speak to you, and stand upright, for I have now been sent to you." While he was speaking this word to me, I stood trembling. ¹² Then he said to me, "**Do not fear, Daniel, for from the first day that you set your heart to understand, and to humble yourself before your God, your words were heard; and I have come because of your words.** ¹³ **But the prince of the kingdom of Persia withstood me twenty-one days; and behold, Michael, one of the chief princes, came to help me, for I had been left alone there with the kings of Persia.***

Eph 6:10-13, 18 *Put on the whole armor of God, that you may be able to stand against the wiles of the devil. **For we do not wrestle against flesh and blood,** but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places. ¹⁸ **Praying always with all prayer and supplication in the Spirit***

22. Praying in Tongues empowers us to 'watch' in the spirit realm

- I. God has set us as "watchmen" on the walls

Isaiah 62:6-7 **I have set watchmen** on your walls O Jerusalem; **they shall never hold their peace day or night.**

Lamentation 2:19 Arise, **cry out in the night, at the beginning of the watches; pour out your heart ... before the face of the Lord. Lift your hands toward Him for the life of your young children, who faint from hunger at the head of every street.**

- II. Jesus commanded us to "watch" and pray

Mark 13:33, 34 *Take heed, watch and pray; is like a man going to a far country, who left his house and gave authority to his servants, and to each his work, and commanded the doorkeeper to watch.*

- III. The apostle Paul reinforced this truth to "watch" and pray

Colossians 4:2 NIV Devote yourselves to prayer, being watchful and thankful.

- IV. Watchmen do not hold your peace" – "do not keep silent"

Isaiah 62:6-7 NLT *I have posted watchmen on your walls; they will pray day and night, continually. Take no rest, all you who pray to the LORD. How can we pray CONTINUALLY? Tongues!*

Isaiah 62:10 *Go through, go through the gates! Prepare the way for the people; build up, build up the highway! Take out the stones. Lift up a banner for the peoples.*

23. Praying in tongues can involve a 'burden' from the Holy Spirit

Romans 8:26b ... the Spirit Himself makes intercession for us with groanings which cannot be uttered.

24. Praying in tongues for the unsaved family members and friends

1 John 5:19 ... the whole world lies under the sway of the wicked one.

2 Corinth 4:3 ... our Gospel is veiled, it is veiled to those who are perishing, whose minds the god of this age has blinded

- I. As the Body of Christ, we take authority over these spirits and forbid them to blind the minds of our family.
- II. Then *declare that the eyes of their heart are open*, and they can 'see'.
- III. Then continue praying in tongues thanking the Holy Spirit for the victory in their lives.

25. When we pray in tongues, there is 'labour' in prayer

Isaiah 66:8 *Shall the earth be made to give birth in one day? Or shall a nation be born at once? For as soon as Zion was in labor, she gave birth to her children.*

The Hebrew word "**labor**" carries the meaning "to have birth pains, the need to deliver something"

Colossians 4:12 Epaphras, who is one of you, a bondservant of Christ, greets you, always laboring fervently for you in prayers, that you may stand perfect and complete in all the will of God.

Galatians 4:19 NLT *My dear children! I feel as if I am going through labor pains for you again, and they will continue until Christ is fully developed in your lives.*

The Greek word for "**labor**" carries the meaning "to contend for, struggle, fight to obtain, "to contend as with an adversary," to engage in an intense contest or warfare, to struggle with difficulty or danger"

Paul "labored" in prayer for the Galatians to be saved, then he "labored" again in prayer for them to grow up spiritually.

God has called you to be Guardians, to "WATCH" and "PRAY" for our families and nation. He has filled you with His power from on high. He has **equipped you with this Gift of Speaking in Tongues**: It is a weapon of the Spirit, releasing power, strength, deliverance, and angelic intervention into our lives and into the lives of those we pray for.